

Welcome to Heavenly Hunter, specialising in the ancient Hawaiian styles of Lomi Lomi massage and Ka Huna Bodywork.

We hope you enjoy our comprehensive menu of massages and body treatments. We make all the product used in our body treatments and facials from all natural ingredients including ground grape seeds from one of our finest local vineyards and hunter valley olive oil. All our products are chemical & paraben free.

Please call us for an appointment during your visit to the Heavenly Hunter Valley.

Making a Booking

To enable us to look after you in the best possible way and to try to avoid the disappointment of not being able to provide the treatment you require, please book your treatments at the time of making your hotel reservation.

Please call Sally on 0438010359 to organise your appointment or book with reception.

All treatments are subject to the availability of Qualified Therapists.

Please let us know in advance if you have any special health or physical considerations.

Your Booking

To maximize the benefits of your massage or treatment please arrive just prior to your confirmed time. All treatments are completed during the scheduled time.

Please be aware if you arrive late your treatment may need to be shortened to ensure the next guest is not delayed.

At the time of booking you will be asked to supply your credit card details to secure your booking and to cover any cancellation fees. These details are kept strictly confidential and will be deleted upon arrival for your treatment.

Cancellation & Amendments

If you are unable to make your booking please let us know as soon as you can so we are able to offer our time to another guest.

We do require 24 hours notice of cancellation or amendment or a 50% cancellation fee will be charged. For cancellations on the day of appointment a 100% cancellation fee applies.

Guest Testimonials

A perfect blend of relaxation, massage and a good, peaceful experience - **Karen, student, Balwyn, Victoria**

A wonderful experience - **Alan, Essex, England**

I felt fantastic and relaxed after the massage - **Linda, Castle Hill, NSW**

Sally made my first time massage an incredible experience. It was more like a ritual than just a massage - **Erin, nurse, Sydney, NSW**

Dave was very good at putting a "first timer" at ease - **Rob, Kendall**

Sally is a true professional and is very good at her job, highly recommended - **Ryan, carpenter, Ingleburn, NSW**

Dave has an intuitive knack of understanding and feeling what is a "good" massage-one of the best massages I have ever had - **Jacqueline, mum, Avalon**

I loved it! - **Mariela, receptionist, Rose Bay, NSW**



By appointment only.

For all bookings please phone
0438 010 359 or contact reception

Gift vouchers are available

Heavenly Hunter Massage Retreats are located at:

- Hunter Resort, Hermitage Road, Pokolbin
- The Sebel Kirkton Park, Oakey Creek Road, Pokolbin
- Tower Lodge, (in house guests only) Halls Road, Pokolbin

www.heavenlyhunter.com.au

ABN: 32418 331 840

Prices effective from 01 July, 2009



massaging your body mind & soul

message & body
treatment menu



Massage & Body Treatment Menu

Therapeutic Massage

This is a perfect introduction for anyone new to massage. A relaxing massage designed to stimulate soft tissue, relieve muscle tension and soreness by releasing toxins. Therapeutic massage helps to improve circulation and reduce stress both emotionally and physically by soothing the nervous system. This massage can be as gentle or as firm as you like.

30 mins \$70 60 mins \$100 90 mins \$135

Ka Huna Massage and Bodywork

Also known as Hawaiian Temple Style massage. This is a truly unique full body massage where the therapist uses flowing movements of their hands, forearms and elbows, working with energy and music while applying soft and deep tissue massage and gentle stretching techniques. Full and under-body strokes are used to help bring the body back into its correct rhythm and balance.

This beautiful massage provides a holistic approach to healing by balancing the body-mind in its physical, emotional and spiritual dimensions. Everybody, regardless of body shape, age or state of health can receive Ka Huna bodywork. Ka Huna Bodywork has been called the "Rolls Royce" of massage.

90 mins \$135 120 mins \$200

Heartworks Lomi Lomi

A flowing Hawaiian style, full body massage founded in ancient Hawaiian traditions. Excellent for stimulating the lymphatic, immune, circulatory, respiratory, muscular and digestive systems, opening the heart and releasing stress. A beautifully flowing style of massage leaving you feeling relaxed and rejuvenated.

90 mins \$135

Aromatherapy Massage

As a holistic treatment, aromatherapy can have a profound effect on your physical and psychological well-being. There exists the belief that smell is the most enduring of our senses. It has the power to transform our emotions, and heal our bodies.

Not recommended during pregnancy.

Select your aromatherapy oil blend from our essential oil menu to create your own special aromatherapy massage.

60 mins \$105 90 mins \$140

Hot Stone Massage

A Lomi Lomi style of massage incorporating a therapeutic hot stone treatment. Heated stones are used to shift energy along energy meridians. A powerful treatment that centres and re-balances the body, mind and spirit. The heated stones relax the muscles, allowing for a much deeper massage. Heated stones are also placed on the body's chakras, or energy points, working with the body's natural energy to create balance both physically and mentally.

60 mins \$135 90 mins \$160

Body Scrub & Moisturise

A sensuous way to detoxify the body by exfoliating dead skin cells and debris, while stimulating the circulation. Promotes regeneration and detoxification via the skin, lymphatic and circulatory systems.

Our all natural scrubs are made from a range of natural and therapeutic ingredients including ground grape seeds from our local vineyards. Following the scrub, you will be treated to a body conditioning treatment with our deeply nourishing, all natural body moisturiser. We make all our own scrubs and moisturisers using all natural ingredients and pure essential oils.

60 mins \$125

Hawaiian Lomi Lomi Massage with Body Scrub & Moisturise

Combine a full body Hawaiian massage with a body scrub and moisturising treatment and the world can't help but look like a better place.

We make all our own scrubs and moisturisers using all natural ingredients and pure essential oils.

120 mins \$225

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10% surcharge applies on public holidays

Heavenly Face

A heavenly facial using our all natural, heavenly hunter products to cleanse, exfoliate, rejuvenate and moisturise your heavenly face.

30 minute mini facial \$80 60 mins \$115

Heavenly Feet

A heavenly foot treatment using our all natural, heavenly hunter products to cleanse, exfoliate, massage and moisturise your heavenly feet.

30 mins \$70

Heavenly Face & Feet

Enjoy our all natural heavenly hunter products while we cleanse, exfoliate, rejuvenate and moisturise your heavenly face while a combination of exfoliation, oils and lotions revive your heavenly feet.

60 mins \$125

Heavenly Feet & Body

Revive your tired and aching feet with a dedicated 15 minute foot treatment in combination with your therapeutic or Hawaiian massage. A combination of our all natural oils and lotions will revitalize even the tired feet and bodies.

60 mins \$115 90 mins \$150

Heavenly Face & Body

You can combine the massage or body treatment of your choice with our mini or one hour facial to make up your own heavenly hunter experience.

60 mins \$150 90 mins \$180 120 mins \$215

Polynesian Stretching & Massage

An oil free massage where you remain fully clothed. Gentle kneading and stretching techniques are applied to muscles, joints, ligaments and soft tissue as a full body treatment. The benefits are, release of muscle tension, stretching and mobilizing of muscles and joints, increased feeling of well being, improved blood and lymph circulation, increased flexibility and relaxation.

45 mins \$100

Ear Candling

An ancient remedy, ear candling can assist in clearing the ear canal while stimulating the immune system and peripheral blood circulation. Ear candles may also be used to cleanse and harmonise a person's energy fields or auras, prior to meditation or massage. Candling is non invasive and completely painless.

45 mins \$100

Back Massage and Ear Candling

45 mins \$100